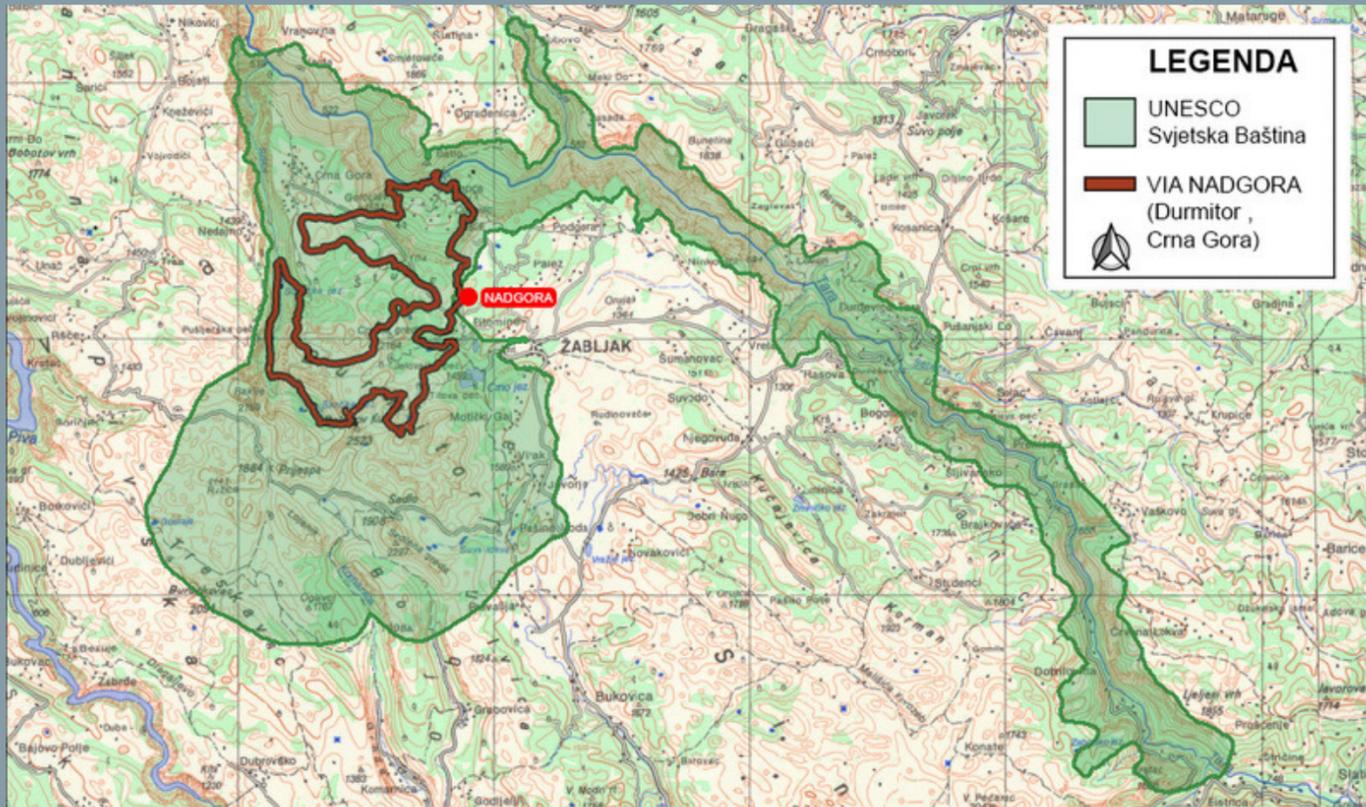




Durmitor * Montenegro
VIA NADGORA

WWW.NADGORA.COM



DISCOVER DURMITOR - HIDDEN BEATY OF MONTENEGRO

NATIONAL PARK DURMITOR/UNESCO WH

Start off from Nadgora Resort, a hidden place with unique log houses, and discover century old local paths in untouched nature, through UNESCO World Heritage site

CIRCULAR ROUTE FROM SEVERAL SECTIONS

It takes a whole lifetime to discover Durmitor, but there's "shortcut" – route VIA NADGORA. Dare to embark on a 5-7 days 101-kilometer adventure, or choose a section fitted to your own affinities.

AN ADVENTURE FOR EVERYONE

If you feel you are not physically fit enough to go through the whole route at once, you can hike it gradually, in stages and with breaks at your accomodation in Nadgora Resort; or you can custom make your route and choose just the parts you find most interesting.



DURMITOR MASSIF

This nature's masterpiece belongs to the Dinaric Alps, and consists of numerous peaks - 48 of them above 2000 m, 5 canyons, a glacier Debeli Namet, 18 "Mountain Eyes" - beautiful glacial lakes, centuries-old forests, many springs with drinking water, over 500 km marked trail, a cave with ice stalactites and stalagmites in which winter never ends, archeological sites under UNESCO protection, ...

Vegetation zones of Durmitor are made up of deciduous and evergreen forests, and is also home to one of the last pristine black pine forests. This mountain is a habitat of 1500 plant species, of which 37 are endemic - 6 can be found only on Durmitor. Over 40 edible species of mushrooms also grow on this mountain range, making it therefore an important European nature reserve, with the area of Nadgora as its richest source.

The climate of Durmitor is diverse, in the canyons along the river its mild, at altitudes up to 1200m sub-mountainous, and above that - typically alpine. Due to possible low night temperatures, we organize the VIA NADGORA adventure exclusively during the summer months, from June to September.



THE TARA RIVER CANYON

- DEEPEST CANYON IN EUROPE -

No matter which section of the route you choose, the deepest canyon in Europe will be at your fingertips, since Nadgora Resort (1532m) is located on its very edge. Just a few hundred meters from your accommodation you can listen and watch the “mountain beauty” - Tara river, flowing 1200 m below you.

Another thirty-minute easy climb to the Ćurevac lookout (1625 m) gives you an unforgettable 360 view of the National Park, which includes the Tara canyon and the Durmitor massif. In case you descend all the way down to the banks of river Tara and Tepca village (557m), you'll be greeted by locals with their delicious homemade products.



NADGORA RESORT

Nadgora Resort is only 5 km away from the center of Žabljak. If you are coming by car, our GPS address is: NADGORA RESORT.

In case you are traveling by plane - distances from the nearest airports to Žabljak are: Podgorica 133 km, Tivat 170 km, Sarajevo 162 km, Dubrovnik 189 km, Belgrade 377 km.



The total accommodation capacity is 45 beds in 5 log cabins. For a more detailed description of the rooms see www.nadgora.com.

If you still want to spend the whole day in Nadgora, you can enjoy walks through the surrounding forest full of forest fruits, mushrooms and remedy herbs.

ROUTE VIA NADGORA

Enjoy this circular route within the Durmitor National Park, explore 6 glacial lakes, a glacier, 7 peaks (over 2000m) with unforgettable views, 2 canyons and a multitude of natural springs with drinking water! You can choose whether you wish to take the whole route (101 km), a hike that lasts for 5-7 days and with a height difference of 6000m, or just one of the offered sections.

All options are possible, from choosing only a several-hours excursion, to one or two-day adventures. Hiking can be adjusted to all guest profiles and ages. For example – only an hour's walk from Nadgora Resort, on the edge of the Tara canyon, stands a very attractive lookout peak Čurevac (1625 m). The height difference barely exceeds 100 m, so we often take the youngest guests on this trip. Also, in consultation with us, you can choose any section of the circular route, depending on your affinity and physical fitness. For those who choose the whole route - we provide you with the logistics of food supply, and in more demanding sections - also with dry clothing in accessible places.

In order to make it easier for you to choose the most suitable sections, we will describe the entire route. VIA NADGORA can be hiked in 5-7 days (20km / day), so we divided it into five parts. It should be noted that on all parts of the route, it is possible to give up and return to your accommodation in Nadgora Resort, except during the ascent to Bobotov Kuk and the descent to Škrčka lakes - during the 2nd stage.



For map's better resolution visit this link:
<https://ibb.co/DzR7wdR>

SECTION 1

Departure from Nadgora (1532m) at 9:00 am. After a short walk through a forest, we arrive to the village of Bosača (1561 m) - the highest inhabited place in the Balkans. From there we continue to Zminje Lake, and following a short break we walk further down to the Black Lake (1459 m). From here it is possible to return to Nadgora on foot in the afternoon, or continue down the route to climb Mali Medjed (2217 m) and also Veliki Medjed (2285 m). The last part of this stage is the descent to the glacier Debeli Namet (2050 m), where the first overnight stay in a mountain bivouac or tents is planned.





SECTION 2

Departure after breakfast, early in the morning (8:00 am). We start off with an ascent to Terzin Bogaz (2303 m), then descend to katun Lokvice (1776m). After a break - we climb to the highest peak of Durmitor - Bobotov Kuk (2523m). Then follows the descent to Škrčka lakes (1731 m), and if the weather allows, we continue through the canyon of Sušica to Sušičko lake (1140 m). There are mountain lodges nearby both of them, where dinner and an overnight stay are planned.



SECTION 3

After breakfast, at 8:00 am, we start the ascent to Kotarište (2098 m), then continue through valleys Gornja and Donja Ališnica. From here we arrive beneath Crvena Greda (2164 m) and after a lunch break we start hiking to its peak. A great sightseeing spot awaits us at the top and from there we hike down to Jablan Jezero (1791 m), where dinner and sleeping overnight in tents are organized. In case of bad weather (or at the request of the guests) it is possible to spend the night in Nadgora, and in the morning to continue the route from the same location.

SECTION 4

It starts off with the ascent to Veliki Štuoc (2104 m), and is followed by a tour of “Crnogorski katuni” (traditional shelters of Montenegrin shepherds’). From there starts the descent to Oštra Glava (1613 m), then continuing our way down the canyon until we reach the banks of Tara river and village Tepca (557 m). We will dine on a private property, where locals will prepare us fresh trout. If necessary, it is possible to organize vegetarian/vegan meals. Sleeping is organized in tents, or huts - depending on the weather conditions.





SECTION 5

After breakfast, on the banks of the turquoise Tara river with drinkable water, starts the ascent along the canyon cliffs to the Ćurevac lookout point (1625 m). A short stay at the very top, and then a return along the edge of Tara's canyon to Nadgora, is planned in the early evening.

CREATE YOUR OWN ROUTE

In consultation with us, you can also create your own route, within the offered trails and according to your own wishes, physical fitness or age.



SHORT EXCURSIONS

They last from a couple to a few hours. Distances and ascents are adapted even for children or the elderly, as well as for people of less physical fitness, all with the possibility of returning to Nadgora at any time along the route.



ONE DAY TOURS

Depending on your wishes and physical fitness, the selected section can be easy, medium or very demanding. Departure is after breakfast, and the return to Nadgora is in the afternoon or evening. Waterproof shoes and clothes are necessary.



MULTI-DAY TOURS

Multi-day tours can be moderate or more physically demanding. They require at least a one-night sleep in the mountains, in bivouacs or tents. Food and equipment are delivered at accessible points. These tours require complete mountaineering equipment.

ADDITIONAL INFORMATION - MULTI-DAY TOURS



NECESSARY EQUIPMENT:

- sleeping bag
- waterproof footwear and clothing intended for hiking
- backpack (minimum 30L)
- hiking poles/headlamp (+ spare batteries)
- active underwear is recommended



FOOD AND WATER

All drinking water will be used from natural springs along the route. Hosts from Nadgora Resort will prepare food for all days of hiking: dry meals, dairy products, cooked meals, fresh fish ... - all from local producers. If necessary, it is possible to organize vegetarian / vegan meals.



SLEEPING IN THE MOUNTAINS

.... will be organized in mountain lodges, or in tents (provided by a guide) on sections where lodges do not exist.



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